## **Indiana locations**

Fort Wayne – North

10620 E. Corporate Drive., Suite E Fort Wayne, IN 46845

#### Fort Wayne – Central

2000 Randallia Drive (inside English Hall) Fort Wayne, IN 46805

## Fort Wayne - South

9318 Airport Drive (inside Parkview Occupational Health Clinic) Fort Wayne, IN 46809

## **Huntington County**

2807 Guilford Street (inside Parkview Occupational Health Clinic) Huntington, IN 46750

### LaGrange County

0045 North 250 West (inside Parkview Occupational Health Clinic) LaGrange, IN 46761

## **Noble County**

1844 Ida Red Road (inside Parkview Occupational Health Clinic) Kendallville, IN 46755

## Whitley County

1270 E. S.R. 205, Suite 230 (inside Parkview Whitley Hospital medical plaza) Columbia City, IN 46725

## **Ohio location**

Bryan Medical Center 442 W. High St. (inside Midwest Community Health medical practice building) Bryan, OH 43506

# \* PARKVIEW

**EMPLOYEE ASSISTANCE PROGRAM** 

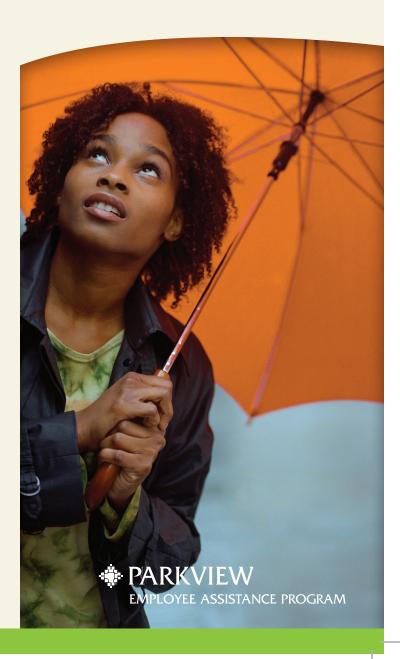
(260) 266-8060 (800) 721-8809

After-hours Crisis Line (260) 446-1867 www.parkviewtotalhealth.com

MKTG-32503 (8/12)

# Helping You Weather Life's Storms

Parkview Employee Assistance Program



When facing life's storms, it's comforting to know that you have somewhere to turn. Parkview Employee Assistance.

## An important resource

No one is immune to hardship. Your employer agrees. That is why they are providing the Parkview Employee Assistance Program (EAP) for you and your family members at no cost. This confidential service can be of great value as you work through life's storms.

# **Private and professional**

All of our EAP services are kept confidential. In fact, no information about you or your participation in the program is released without your written consent. Your participation in the EAP program will not be shared with your supervisor.

# Help in any situation

The Parkview Employee Assistance Program can help you and your family members with a variety of difficult situations. The EAP counselors are knowledgeable in a variety of areas, including:

- Crisis intervention
- Family and marital problems
- Alcohol and drug dependence
- Personal and work stress

- Divorce survival
- Troubled teenagers
- Emotional difficulties

EAP also gives you access to financial counselors who are able to help:

- Create a family budget
- Manage your debt
- Prepare for home ownership
- Devise a college savings plan
- Plan for retirement and long-term care needs
- Deal with other financial issues

Often the best approach includes short-term counseling sessions with an EAP professional. There may be times an individual requires a referral to another professional or agency better suited to address the situation. Should the need arise, your insurance benefits and coverage would be considered.

# Simple

When you or your family member calls for an appointment with an EAP counselor, your appointment will be scheduled as promptly as possible.

At the appointment, you will meet with a trained professional who will help assess your situation. He or she will assist you in determining the steps necessary for resolving the issue.

Your confidential EAP services are provided by your employer at no cost to you.

## **Flexible**

The Parkview Employee Assistance Program counselors will make every effort to find an appointment that fits easily into your schedule. Confidential appointments can be made by you or any member of your household.

According to the National Institutes of Mental Health, an estimated 26.2 percent of Americans ages 18 and older suffer from an undiagnosed mental disorder in any given year.

Call Parkview Employee Assistance today. Together, we will ride out life's storms.

(260) 266-8060

